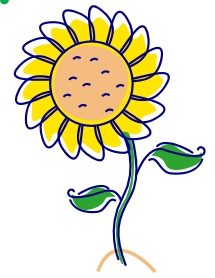
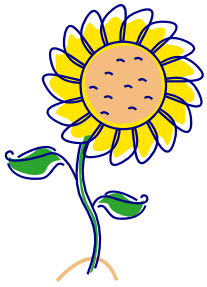


October 2011 Cawston Courier



Cawston Primary School
517 School Road
Cawston, B.C. VOX 1C1
250-499-5617
<http://www.cps.sd53.bc.ca/>

October Calendar

Mon	Tue	Wed	Thu	Fri
				1
3	4 <i>District Cross Country Meet at TEN - 12:15</i>	5	6	7 <i>Harvest Assembly 1:00</i>
10 <i>Thanksgiving Day No School</i>	11 <i>PAC Meeting 7:00</i>	12 <i>Picture Retakes</i>	13 <i>Fire Drill & Assembly 9:15</i>	14
17	18	19	20	21 <i>Non-Instruction Day (No school for students)</i>
24	25	26	27	28

Attached or included with this newsletter:

- Meal Program Envelope
- Individual Photo Order Forms
- Family Flu Clinic Information
- Communities for Kids parenting Conference Information
- Letter from Interior Health (Kindergarten Only)

October Thursday Lunch!

(Please see attached envelope. Money must be rec'd by Oct 5)

- Oct 6 – Pizza Pop, Veggies & Dip, Yogurt Tube
- Oct. 13 – Spaghetti with Meat Sauce, Caesar Salad, Fruit
- Oct 20 – Turkey Hot Dog, Veggies & Dip, Fruit
- Oct. 27 – Soft Shell Taco with Beef (Lettuce & Cheese), Fruit.

Office Hours

We are pleased to say that we have had an increase to our secretarial hours. Our office hours are now from 8:00 to 3:15 every day.

Reminder: Supervision on the playground begins at 8:10. Please do not drop off your children before 8:10 – there is no one on duty supervising students prior to 8:10.



District Cross Country Run

On Tuesday, October 4, 32 students will represent our school at the District Cross-Country run at Tuc-el-Nuit Elementary School in Oliver. Each grade level selected their fastest long distance runners and these students have been practicing during the noon hour for this upcoming run. Special thanks to Miss Webster and Mr. Fairbrother, who have been spending their lunch hours coaching our cross-country team. The following students will be competing in the cross-country meet:

Grade 4 – Derek Brunton, Tyson Douangpanya, Conor Macdonald, Carter Thompson, Zoe Vriends, Elaina Beglaw, Sofia Zebroff, Kailey Lusted.

Grade 3 – Marc Peron, Levi Carter, Brody Yamamoto, Tim Wiebe, Megan Freeman, Ava Cottrill, Amy Lucich, Shannon Putric.

Grade 2 – Shelby ETTY, Ryley Dyck, Kaleb Montgomery-Reid, Ty Lezard, Rylee Demchuck, Sarah Hare, Riley Franklin, Kiara Arnold-Budd.

Grade 1 – Landen Klippenstein, Cody Leduc, Calvin Eriksen, Dillanger Truesdell, Kirandeep Dhaliwal, Arabelle Wiebe, Meg Wurz, Leah Riegling.

Good Luck!!



Harvest Assembly

Please join us for our annual Harvest Assembly on Friday, October 7 at 1:00. We will be entertained by Mrs. Keyes/Doi, Miss Webster, Mrs. Bews and Mrs. Nunes' classes. And yes, we will have our annual draws for pumpkin pies and a turkey for some lucky families to have for their Thanksgiving dinners.

PAC Meeting

Our next PAC meeting will be held on Tuesday, October 11 at 7:00 p.m. in the Library. All Cawston parents are members of the Cawston School PAC and are welcome to join us for our PAC meetings.

School Photos and Retakes

Today, your child is bringing home their school photo. Please see the instructions for ordering and payment. We will accept the orders until **October 7**.

The photographer will be at our school for picture retakes on Wednesday, October 12 at 8:45. Please request a retake order form from the office if your child missed photos or if you wish a retake. Orders must be pre-paid and received at the office before October 12.



Fire Drill and Assembly



This year, Fire Prevention Week is October 9 to 15. To highlight this important week for our students we will have a Fire Drill and Assembly on Thursday, October 13 at 9:15 a.m. The Keremeos Volunteer Fire Department will send their trucks to the school when the fire alarm rings and will participate in our fire prevention assembly immediately following the fire drill.

Please take some time over the next week to discuss fire safety in your home, especially what to do in the event of a fire.

High Five Focus for October – Be Safe

Our October High Five focus is "Be Safe". Each year, we practice a number of safety drills so they become automatic for the students. That way, in the event of an emergency, everyone knows exactly what to do. We have already had three fire drill practices, an earthquake drill and an intruder drill.

During October, Mr. Lucich's class will provide suggestions for the school on the morning announcements of how we can "Be Safe". They will also decorate the High Five bulletin board outside the office with their "Be Safe" suggestions.

Thank you to Miss Webster's Grade 1 class for their "Be a Friend" suggestions, which were highlighted in September.

Parent Teacher Conferences

Please be advised that the early dismissal days scheduled for Tuesday, October 18 and Thursday, October 20 have been cancelled. October 18 and 20 will be regular school days and the buses will run at the same time as they do every other day. As a result, we will not be holding parent-teacher conferences on October 18 and 20. If you have any questions about these changes, please contact Ms. Thiel at 499-5617. Meanwhile, if you have any questions or concerns regarding your child's progress, please contact your child's teacher.

Non-Instruction Day

Friday, October 21 will be a Non-Instruction Day at Cawston School. There will be no school for students. Staff will be attending professional development activities.

Terry Fox Run

Cawston School held their annual Terry Fox Run on Friday, September 30. The weather was absolutely perfect and the children participated enthusiastically, running to remember Terry's dream of finding a cure for cancer. Thank you to our run leaders: Derek Brunton, Tyson Douangpanya, Zoe Vriends and Eliana Beglaw. We also want to thank our parent helpers: Brandi Zebroff, Jackie Yamamoto & Marja Vriends. Special thanks to all the families and to our entire school community for supporting our Terry Fox Run.



Apples, Apples, Apples!

A special Sunflower thank you to the Bhathal and the Lidhar families for the apples they have given to the school. Because of their generosity, we have been able to provide apples as recess snack for our students for the past month. Thank you for thinking of us!

Please see **Jumpstart** information on the next page....

Jumpstart Program

Canadian Tire in Oliver is once again offering to help students in our District pay registration and/or equipment costs for organized sports as well as organized group activities. The Jumpstart program will pay up to \$ 200.00 of a student's registration fee or contribute the same amount to help pay for equipment. This program is intended to help students who, without this financial assistance, would probably not be able to participate in the sports or activities (e.g. soccer, hockey, karate, gymnastics, Brownies, Cadets etc). If you would like to register your child in the Jumpstart program or if you would like more information, please contact Ms. Thiel at the office. The deadline for applications is November 1. Over the past few years a number of our school families have received these funds.

Family Flu Clinics

Family Friendly

- ☉ Children are welcome at all flu clinics.
- ☉ Families with children go to the front of the line.
- ☉ Later clinic hours for those at school or work
- ☉ Saturday clinic at the Penticton Health Centre
November 19, 9am to 3pm.

Free for:

- * Healthy children 6-23 months
- * Children and adolescents (6 months to 18 years) with chronic health problems
- and families living with:**
- * Anyone with a chronic health problem
- * Infants and toddlers (6 to 23 months)
- * Pregnant women (expecting during flu season)
- * Seniors (65 years and older)

If you are not on the above list you can buy flu vaccine at some drug stores, doctors offices, or travel clinics.



Keremeos Flu Clinic Schedule

Keremeos Seniors' Centre

421 7th Avenue

Tuesday, November 1st, 9:00am – 3:00pm

Tuesday, November 15th, 1:00pm – 5:00pm

Protect yourself and those around you! Get your flu shot.

Hedley Flu Clinic Schedule

Hedley USIB (Upper Similkameen Indian Band)

161 Snazai Street

Tuesday, November 8th

3:00pm – 4:30pm

Protect yourself and those around you! Get your flu shot.

COMMUNITIES FOR KIDS

Communities for Kids is holding its 7th Annual Parenting Conference on **Saturday, October 22, from 8:30 am to 4:00 pm at Sen Pok Chin School in Oliver.**

This day-long Conference offers parents and caregivers of children up to the age to 6 the choice of three workshops from a total of twelve early childhood topics, lead by dynamic experts from various fields of early childhood development. Participants can learn about: behaviour; literacy; mental health; Okanagan Nation culture; speech and language development; a father's perspective and much more.

Registration fee of \$20 per person or \$30 per couple includes a keynote address, workshop sessions, information booths, door prizes, refreshments and lunch.

For more information contact Lynn Cook at (250) 496-5511 or communitiesforkids@telus.net or visit www.communitiesforkids.ca